

# Heroes and Heroines

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A Hero Who Has Touched Your Life

**NAME:**

**DATE:**

Think about a hero or heroine who has touched your life—perhaps it is a grandparent, big brother, or teacher.

On this sheet of paper:

1. List the qualities that make him or her heroic.
2. Write a story about a heroic action the person has performed. In your story, be sure to include at least two of the qualities from your list.

On a separate sheet of paper:

3. Illustrate one moment of the story or a sequence of events.